

STROKE CARE

“
I COULDN'T EVEN
IMAGINE WHERE
WE'D BE TODAY
WITHOUT RVH.”

Kelley Hartley

Kelley, wife of stroke patient, Keith Hartley. Keith had a multifaceted care journey at RVH and spent a few months at RVH healing from a leg amputation and a stroke. He then participated in the outpatient Rehab Day Program following his discharge.



STROKE CARE AND REHABILITATION AT RVH

RVH cares for those who require immediate, life-saving stroke care in Simcoe Muskoka. Last year, approximately 300 patients required integrated stroke and rehabilitation care at RVH. On average, those patients spent about nine days in hospital receiving care. Additionally, more than 1,200 patients participate in our outpatient Rehabilitation Day Program (RDP) annually.

RVH is one of only seven hospitals across Canada to have Accreditation Canada's Stroke Distinction, recognizing our clinical excellence and commitment to evidence-based stroke care.

In our Integrated Stroke and Rehab Unit (ISU), we provide care to patients who have a critical stroke diagnosis as well as other acute medical conditions and support intensive inpatient rehab care. A multidisciplinary team-based approach helps patients adapt to life with the cognitive and physical effects of their stroke.

Upon discharge, patients with a primary diagnosis of stroke may participate in the outpatient Rehabilitation Day Program (RDP) for a maximum of 12 weeks. The program helps patients regain movement, speech, strength and the everyday skills they need to live their lives.

THE CASE FOR EXPANSION

The ISU at RVH is undersized for the kind of care the unit provides. It averages 314 square feet per bed compared to the 800 square feet that modern rehabilitation units have.

The unit lacks one-bed patient rooms with dedicated three-piece washrooms. The therapy and activity rooms are also not currently located within the unit. Patients must travel to other spaces in the hospital to get to their intensive therapy.

Stroke recovery looks different for everyone, but the goal is the same - to get back to living their best life possible. An expansion will allow us to grow our inpatient program to accommodate more beds and to include a designated therapy space within the unit.

Eventually, the inpatient units at the Barrie site will be used for acute care only and the rehabilitation beds will be located in Innisfil, accommodating more specialized care for more patients.





OUR VISION FOR YOUR CARE

Our vision is to provide leading-edge stroke care to everyone in Simcoe Muskoka who needs it. This includes providing emergency care for patients having a stroke, acute and rehabilitation care following the stroke while also supporting the discharge transition with outpatient programs and on-going resources in the community.

Our aim is to continue to offer our specialized services, while expanding the areas of stroke care that are needed most.

Priority initiatives

- + Create two purpose-designed combined rehabilitation/acute medicine inpatient units to address deficiencies and growth in number of beds
 - Increase dedicated square footage to 52,000 square feet from 14,500 square feet
 - Add in-unit rehab/therapy space
- + More beds and care spaces
 - Each unit would have 29 one-bed patient rooms with three-piece bathrooms



KEEP LIFE WILD

We need to grow RVH to offer more specialized stroke care to more people in our region.

The Keep Life Wild campaign is a rallying cry for our community to come together to protect our health so we can all continue to enjoy the unique way of life we have here in Simcoe Muskoka.

But we can't do it without you. Public support for the campaign and donations from the community are so important. You play a critical role in making our vision of the future of healthcare a reality.

We can't live a good life, the wild life, unless we have our health. So, will you join us in the fight to Keep Life Wild?



KEEPLIFEWILD.CA

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